

The Lemon Grove REVIEW

Vol. 44, No. 8

Serving Lemon Grove and nearby communities

Thursday, October 17, 1991 25¢

• WEATHER & LOGS	Page 2
• B-WORDS	Page 3
• COMMENTARY	Page 4
• ENTERTAINMENT	Page 5
• PUBLIC NOTICES	Page 6
• CLASSIFIEDS	Page 7

Red Ribbon Week kick off

The Chargers have joined with the Alcohol and Drug Abuse Prevention Task Force (ADAPT) to celebrate the National Red Ribbon Week in San Diego County, Oct. 19-27.

Punter, John Kidd, is the Red Ribbon spokesperson for the Chargers and ADAPT. Along with the Police Athletic League and Pop Warner, Kidd will talk with youth in high-risk communities throughout the county about the dangers of drug and alcohol abuse.

The Red Ribbon Week Kickoff takes place on Oct 20 at the San Diego Chargers/Cleveland Browns game, beginning at 10 a.m. with an alcohol-free "tailgate party" at the Chargers' practice field. The festivities will run until 12:30 p.m. and include a magician, clown and robot as well as radio personality Gary Kelly of B100 who will provide the music. A mixed grill lunch will include chicken, beef and ham, with all the trimmings.

Following the tailgate party, about 50 San Diego County teenagers will be distributing red ribbons to Charger fans before the game. For tickets and information, call Julie or Karen at 688-7947.

Jacob to consider run

Dianne Jacob, chief of staff for Supervisor George Bailey, has left her job after seven years on Bailey's staff, to consider running for Bailey's 2nd District seat. Bailey has said that he will not announce whether or not he will run for re-election in 1992 until the end of 1991. Jacob, who has said for months that she would run if Bailey didn't, is running out of time to raise funds, garner endorsements and couldn't afford to wait until the end of the year to begin a campaign.

Jacob has stated that she will have a major announcement about her plans next Wednesday. Bailey has praised Jacob, and stated that she would be the "best qualified" person to run for the office.

Dana Quitner, who has served Bailey since his election to the position of supervisor, was named to replace Jacob as his chief of staff.

Soroptimists seek candidates

Soroptimist International of Lemon Grove is seeking candidates for its annual Youth Citizenship Award. The YCA award, a \$300 cash grant, is presented for outstanding service contributions by high school seniors to home, school and the community.

Soroptimist International of Lemon Grove is also seeking candidates for its annual training awards program. The award aids the mature woman who must enter or return to the job market and needs additional skills, training and education to upgrade her employment status. Candidates for the award should be heads of households completing undergraduate programs or entering vocational or technical training programs. The award winner will receive \$600.

The deadline for both applications is Dec. 6. Contact Nancy McCadam at 668-4575 for more information.

Kiwanis Apple Campaign about ready to happen

Has your mouth been watering for one of those BIGGGG extra-fancy red Delicious apples that Kiwanis sells?

Wait no more - the fruit is here!

Lemon Grove Kiwanis is about to satisfy your craving for the fruit that doctors tell us we should eat at least one of every day of our lives.

From Oct. 22-26, you can get all the apples you want at the Apple Car at the corner of Olive and Broadway (by the San Lorenzo Rose Market).

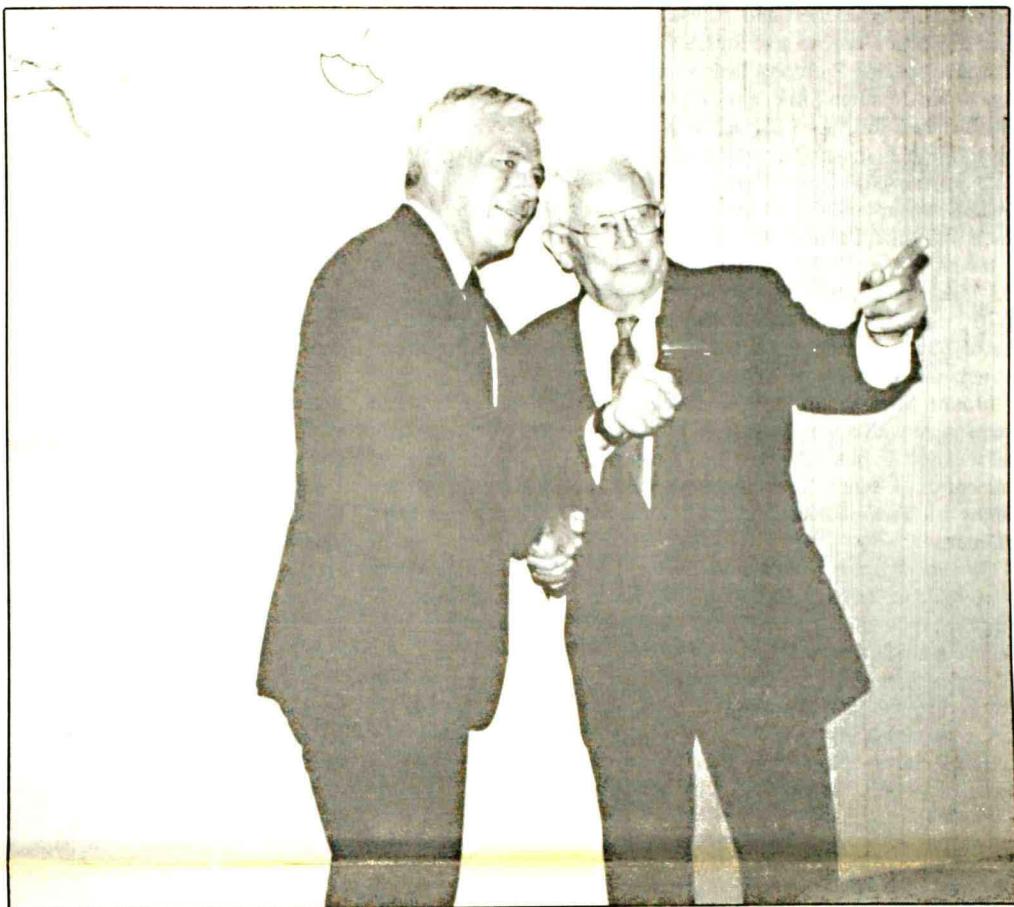
Prices are the same as last year, only \$20 for a case (100 big apples); \$10 for 1/2 box (50 apples); and \$5 for a 1/4 box (25 apples).

To accommodate everyone, the car will be open daily from 9 a.m. to 5 p.m.

Apple Days chairman Ray Mollenhauer promises that buyers will again have the same crisp, juicy, crunchy apples that they have come to expect from the Kiwanis.

He pointed out that Kiwanis will even deliver the apples, if anyone cannot come and get them. Call 464-0390 as soon as possible for delivery boxes. Saturday, Oct. 26, is the last day of the sale.

"This is one way that we raise money to help the youth and the seniors in our community," Mollenhauer said. "You not only get something good to eat, but you will be helping out these two age groups at the same time," he stressed.



The San Diego County Water Authority recently awarded Harry Griffen with a 35-year service pin for his tenure on the countywide board of directors. Authority Board Chairman Mike Madigan (left) made the presentation. Griffen has represented the Helix Water District on the County Board since 1956. He is now in his second term as vice president of the Metropolitan board.

'Safe Halloween' coupons endorsed

Easter Seals, San Diego County Sheriffs and San Diego Police Department are asking San Diegans to give "Safe Halloween" coupons instead of candy on Halloween night.

Young ghosts and goblins treated with the coupons can redeem them for special treats from concerned businesses throughout the county.

The "Safe Halloween" program began in 1983 out of concern for children's safety. Nine years later, the program has grown to include 14 community-oriented businesses as well as KNSD-TV.

Coupons are available for \$1 and include 14 coupons with a value of \$35. They can be purchased from all local sponsoring locations such as 7-Eleven Stores, Yellow Brick Road Arcades, Little Caesars Pizza, Leisure Time Sports, Big Bear Markets, Wendy's, Seaport Village, Sea World, Play Co. Toys, and Dairy Queen.

United Artists Theatre Circuit, Inc., Family Fun Centers, Penguin's Frozen Yogurt Place and Dairy Queen.

"Safe Halloween" is endorsed by Sheriff Jim Roache and Chief of Police Bob Burgreen who serve as honorary chairmen.

"Child safety and the prevention of disabling accidents is of great concern to Easter Seals, and this program is an ideal way for us to promote safety and help people with disabilities said Denise LeMunyan, coordinator of "Safe Halloween."

The proceeds from the sale of coupon booklets will benefit Easter Seal programs for children and adults with disabilities. Last year, this program raised over \$100,000 which helped provide services such as therapy and equipment purchases in the county.

Free x-rays of Halloween treats offered

Before your little ghoulies, ghosties and goblins gobble up their Halloween treats, you can bring those treats to Grossmont Hospital's Imaging Department to be x-rayed for foreign metal objects. (The film is being donated by Kodak.)

The free screenings will be held from 6 to 10 p.m. on Halloween, Oct. 31, and from noon to 4 p.m. on Friday, Nov. 1. The Imaging Department is located right next to the hospital's outpatient entrance. Children under the age of 18 must be accompanied by an adult, and a waiver must be signed. You can call 589-3900 for more information.

X-rays can detect metal objects within food or candy items, but they will not detect poison or other objects. Therefore, care must be taken, and candy and other Halloween treats should be inspected thoroughly before children are allowed to eat them.

While the safety of candy generally receives the

lion's share of attention at Halloween, Peter Colaprete, M.D., medical director of the Grossmont Hospital Emergency Department, advised that parents consider other safety concerns, as well.

"In the dark, it's easy for kids to trip over unlit sparkler heads, causing cuts and bruises. That's why it's a good idea to stay on the sidewalk whenever possible, rather than cutting across the lawn," he cautioned.

Colaprete also suggested that trick-or-treaters carry flashlights or phosphorescent "light sticks," or to wear reflective tape on the outside of costumes.

"It's also best to stay in well-lighted neighborhoods - preferably those that are closer to home, where friends and neighbors are nearby to lend a hand, if needed," he said.

"We'd prefer not to have to x-ray anything other than candy this Halloween," said Colaprete.

Mt. Miguel *El Trovador* News Briefs

Mount Miguel's Homecoming Court is announced. The Seniors selected for service to the school, school spirit, academic achievement and personality are Lydia McKay, Teresa Espinosa, Catherine Canillas, Nicole Houghton, and Janina Gabat for Queen, and Stefan Grafstein, Jon Manning, Malcolm Robinson, Mike Duval, and Ely Ramos for King. The King and Queen will be crowned at the dance this Saturday.

The 1991-1992 Mount Miguel Senior Standouts are: Donovan Morris and Lydia McKay for Most Likely to Succeed; Jon Manning and Cathy Canillas for Most School Service; Malcolm Robinson and Stephanie Szuch for Most School Spirit; Jim Rodgers and Tina Lopez for Most Athletic; Alfred Perez and Timi Brist for Prettiest Hair; Tony Lieras and Tonya Robinson for Prettiest Eyes; Earl Breyers and Martha Olow for Biggest Flirt; Michael Duval and Gabriella Haith for Class Clown; Marcus Dozzell and Teresa Espinosa for Biggest Excuse Maker; Stefan Grafstein and Ai Gast for Most Dressed Over (Most Attractive); Akida Price and Janina Gabat for Best Dressed; Herman Cooke and Jennifer Littlepage for Best Dancer; Kevin Foster and Hennie Lewis for Most Unique; Chris Green and Karina Ramirez for Most Gullible; Jamal Cherry and Mary Gray for Best Body; Andy Villegas and Nikki Houghton for Happy-Go-Lucky; and finally, Michael Duvan and Peter Hernandez, and Nikki Houghton, Rachel Olsen, and Nikki Russo for Best Friends.

Mount Miguel Varsity Football lost to El Capitan last Friday, 28 to 42. Tomorrow's game is Homecoming, against Granite Hills beginning at 7:30 p.m. At half time the Homecoming Court will be introduced. Class Floats will be displayed and judged, and Fireworks will celebrate the return of Alumni.

Mount Miguel Water Polo defeated Vista at the Coronado Tournament with a score of 9 to 8. They faced Monte Vista yesterday and will host Granite Hills at 4 p.m. tomorrow. The Varsity Team has a record of 11 wins 3 losses as of this week. Leading the defense are Jimmy McNees and Jason Black. The team's lead scorer is Marc Williams.

Grossmont Union High School District has named the new school to be built in Rancho San Diego "Steel Canyon High School". A planned "Applied Technology Center" is the most distinctive feature of the new school's design.

As part of the ASB Exchange between high schools, representatives from Helix High School visited Mount Miguel last Friday, October 11. They were President Monica Perez, Secretary Stephanie Courette, Human Relations Commissioner Monique Freeman, Activities Commissioner Angela Padula and five other students.

Scholarship opportunities available in the Counseling Office and their deadlines are as follows: Wells College Scholarship - Nov. 1; NROTC Scholarship (up to \$70,000) - Preliminary Application Dec.; Veterans of Foreign Wars National Voice of Democracy broadcast script-writing competition (Winners will receive from \$1,000 to \$20,000) - Nov. 30; Presidential Classroom Conference (Junior or Senior Leader with a "B" average) - Dec. 6; UC Berkeley Alumni Scholarship (to attend CAL Berkeley, 3.3 GPA+, student leader - minimum \$800) - Jan. 21; Washington Crossing Foundation - no deadline given; Seniors planning careers in government service - Jan. 15; American Society of Newspaper Editors (minority high school seniors planning newspaper journalism careers) Dec. 2; California Lutheran University Scholarship Competition (\$1500-\$6000) - Jan. 15, 1992.

Upward Bound newly elected officers for this year are: President - Ely Ramos; Vice President - Rey Acacio; Secretary - Liza Castillo; and Treasurer - Sharon Schuisow.

The Mount Miguel Marching Band and Tall Flags captured high honors in the Vista Tournament last Saturday. Percussion took 6th place, Band, 4th place, and Tall Flags 2nd place.

Students wishing to take the next PSAT need to sign up with Mrs. Waite in the Finance Office. The test is Tuesday, October 22 and costs \$7.50.

Juniors interested in being an exchange student to either Japan or Finland next summer should see Mr. Moore in the counseling office for further details.

Longtime resident joins Spring Valley agency

ReNae A. Zayas recently joined the sales team at ERA Aboard Realty, a Spring Valley-based company.

A former evidence clerk with the San Diego County Sheriff's Department, Zayas has been a resident of the Lemon Grove/Spring Valley area for nearly 20 years.

Mayor has no comment

Mayor Jim Dorman has apparently chosen to forfeit his claim as the "pro-arts" mayor, rather than come forth with a plan for supporting the arts. The *Review* has received no written or verbal response to our challenge of a month ago.

And with the City's budget getting squeezed more each day by the tough economic times, it is unlikely that the Council, which lost its cultural majority with the departure of Karen O'Rourke, will, under the guidance of Mayor Dorman, develop a plan for the arts.

The fact that the city budgets \$400,000 for recreational programs and almost nothing for the arts, speaks loud and clear as to how those who control the purse strings value the arts. The arts supporters don't need any more feeble, self-serving proclamations from the mayor!

WEATHER

The following information was provided by the Lemon Grove Fire Department:

	High	Low
October	6	85
October	7	92
October	8	84
October	9	95
October	10	102
October	11	97
October	12	84

Precipitation this year to date is 0.53," while for the last year to date the precipitation was 0.06 (From 7/1).

Annual flu shot program planned

Area seniors can protect themselves from the influenza season by participating in Grossmont Hospital's annual flu vaccine program.

On the following dates, vaccines for seniors will be offered:

Oct. 23 - 8:30 to 11:30 a.m. at Grossmont Hospital's Brier Patch Auditorium, 9000 Wakarusa St.

Nov. 1 - 8:30 to 11:30 a.m. at the La Mesa Senior Center, 8450 La Mesa Blvd.

Nov. 6 - 8:30 to 11:30 a.m. at the Lakeside Community Center, 9841 Vine St.

Nov. 22 - 8:30 to 11:30 a.m. at the Brier Patch Auditorium.

The 1991 vaccination will cover a variety of flu strains. A \$2 donation is requested. For more information, call 589-3917. Anyone allergic to eggs or who is ill should not be vaccinated.

Lemon Grove Review

P.O. Box 127, Lemon Grove, CA 91946 • (619) 469-0101

Published every Thursday at 3434 Grove Street, in Lemon Grove, California, 91946. Adjudicated a newspaper of general circulation in Superior Court of State of California in and for San Diego County, December 5, 1949. Entered as second class matter in the post office of Lemon Grove, California, 91945.

Adjudication Number 155392.
\$15 yearly in San Diego County;
\$30 yearly elsewhere in U.S.A.

Pete Kaufman Publisher

Submissions

Letters, editorial and photo submissions are welcome, but will not be returned to sender unless accompanied by self-addressed, stamped envelope. All materials must be received by the Monday preceding the date of publication. The editor reserves the right to edit all submissions.

Advertising

All advertising is subject to current rate card. The publisher reserves the right to reject an advertiser's order. Only publication of an advertisement shall constitute final acceptance. Send all correspondence to: Forum Publications, Inc., P.O. Box 127, Lemon Grove, CA 91946

Lemon Grove Fire Log

October 4 through 9, 1991

- 3200 blk. College Pl. Possible heart.
- 7000 blk. Hybeth. Fall.
- 9800 blk. Summit. Structure fire.
- 3500 blk. Grove. Difficulty breathing.
- 9000 blk. Harness. Commercial/Industrial fire.
- 7400 blk. Waite. Diabetic problem.
- 9600 blk. Lemon. Rescue.
- 1600 blk. Dupont Dr. Attempted suicide.
- 2000 blk. Skyline. Seizure.
- New Jersey/San Miguel. Auto vs. bicyclist.
- Broadway/Washington. Seizure.
- Hwy 94/Lemon Grove Ave. Traffic accident; rescue.
- Hwy 94/Lemon Grove Ave. Body in road.
- 3900 blk. N. Bonita Multi-family residential fire.
- 7800 blk. Nicals St. Fuel spill.
- 8100 blk. Lemon Grove. Assault victim.
- Hwy 94/Massachusetts. Vehicle fire.
- 3700 blk. Massachusetts. Seizure.
- 1600 blk. Colfax Dr. Vehicle fire.
- Vista Ave./Pacific. Person down.
- 1200 blk. Madera. Stoke
- 7100 blk. Broadway Auto vs. pedestrian.
- 3200 blk. Costa Bella. Single-engine response.
- 7800 blk. Central. Medical aid.
- 3200 blk. Lemon Grove Ave. Person down.
- 2800 blk. Lemon Grove Ave. Unconscious.
- 7100 blk. Westview. Auto vs. pedestrian.
- 2700 blk. Lemon Grove Ave. Extinguished fire.
- 3600 blk. Grove. Childbirth or related.
- 1300 blk. Glenco Dr. Cut wrists.
- 2000 blk. Skyline Dr. Unresponsive.
- 7300 blk. University. Assist person down.
- 8000 blk. Broadway. Fuel spill.
- 1300 blk. Olive. Possible heart.
- 7300 blk. University. Commercial/Industrial fire.
- 3200 blk. Harris. Garbage fire.
- Broadway/Massachusetts. Person down.
- 2500 blk. Crestline. Seizure.
- 3400 blk. Washington St. Multi-family residential fire.

Grossmont Hospital offers fitness for seniors program

If you're an active senior who desires a structured exercise program, Grossmont Hospital's "Senior Fitness" classes may be for you. Have fun with friends while instructors lead you in stretching, balancing, muscle toning and strengthening.

Classes are held Mondays, Wednesdays and Fridays from

8:18 to 9:15 a.m. in room 16 at the Brier Patch campus, 9000 Wakarusa St.

There is a monthly charge of \$17.50 (\$15 for "Club 65" members). Pre-registration is required. For more information, call 668-4288.

Grossmont Hospital is affiliated with Sharp HealthCare.

City of Spring Valley?

Cityhood for Spring Valley took a giant step forward, Monday, when members of the Spring Valley Incorporation Coalition presented 8,304 signatures to the Local Agency Formation Commission (LAFCO), more than the required 25 percent of registered voters.

After the signatures are verified, the Coalition will make formal application to put the issue on the ballot (they're hoping to get on the November 1992 ballot).

Grossmont Center to hold ten-day celebration

Grossmont Center will celebrate its grand "re-opening" with ten days of special events and over \$9,000 in prizes and giveaways.

"You Look Maahvelous" is the theme of the festivities which feature a Billy Crystal "sound-alike" contest, fall fashion shows, daily entertainment and a "dream-date" drawing for a dinner with a soap opera star.

The 30-year-old center will unveil its multi-million-dollar renovation and expansion beginning Oct. 25 with an introduction by newscaster Carol LeBeau. Also, there will be a performance by the Los Angeles School of Gymnastics and prize drawings. The celebration will wrap up

Nov. 3 with the giveaway of a \$1,000 shopping spree and a trip for two to Puerto Vallarta.

All week long, Grossmont Center will host a variety of family events including a Halloween costume contest, "safe trick-or-treat," a special appearance by Captain Planet and food samplings in the Center's Garden Court Foods.

Nov. 2 at 3 p.m., Todd McKee, "Jake" from "The Bold and the Beautiful," will draw the name of the dream-date winner. Women can enter the drawing throughout the morning at the information booth.

McKee will be on hand until 4 p.m. to greet fans and sign autographs.

B-Words

Personal comments of Councilman Bob Burns Newspapers

The news that broke the other day, proclaiming the "consolidation" of the San Diego Union and the evening Tribune, was overwhelming, to say the least. The Copley news organization, which owns and publishes both papers, is certainly effecting some measures of economy. It is also eliminating the doublespeak that has been conning San Diegans into thinking that there are two viewpoints in our printed media - major publications, that is. The roles of conservative and liberal that the staffs of these two newspapers have been playing over the years are considerably less than Academy Award performances. By supporting different candidates in some of the elections, they would have us believe that there is a diversity in the political thinking that emanates from the oval offices of the two publications. The positions of the Copley family are thinly disguised exercises in circumlocution.

From the purview of little ol' Lemon Grove, we have seen a continuing spate of news reporters at our meetings, when they do choose to attend. We have hardly become acquainted with the rep from either paper before another comes along, and I cannot recall ever having one from both papers at the same meeting. The reporting, while articulate, is rarely complete, even if the reporter stays till the meeting is adjourned. Our city staff provides the agenda, minutes of the previous meeting and a very thorough staff report by our City Manager on items to be discussed. Maybe, it is our fault for doing this, but in my opinion, the resulting news stories are simply lifted from these pages. After all, why waste time when this can easily suffice - good enough, for Lemon Grove?

On the occasions that we are graced with the presence of a reporter, it seems to this councilman that the coverage is one-sided. If there is a supposed intent to cover an issue in balance, the article often falls short. Over the last few years, we have apparently been assigned the newest employees and these "cub" reporters, as they were called when I took journalism in high school, do their apprenticeship in the smaller jurisdictions. They are always very nice young people, but not of the caliber of those assigned to us in the past.

Ms. Virginia Spiller was always punctual and stayed for the entire meeting. Dressed in a very classy fashion, she reported with accuracy and completeness. I recall once when she had rephrased one of my statements and had improved it grammatically while depicting my meaning precisely. I asked her about it and she answered, "I simply said it the way you should have said it," and she was right. Virginia was always available by phone, and

up front about the importance of a news item. If it was not worthy of mention, she said so, and again, she was always right.

I recall Paul Cour, a fine gentleman who covered his beat with dedication and accuracy until his retirement. Ozzie Roberts also did a fine job for the short time that he visited Lemon Grove as a journalist.

The Daily Californian has given us little attention over the years, while complaining that their subscription lists were short in zip code 91945. Our own Jan LaValle is attempting to correct that situation with her column and promises to do better. I would admit that the Lemon Grove City Council must take some of the blame for the lack of "news" interest. We very seldom have any sizable controversy and never have any fights for grandstanding that attracts the editors for the 11 o'clock news. Our meetings are short and concise, for the most part, and do not drag on until the wee hours with repetitious rhetoric. They average about two hours in length and I for one, am proud of the manner in which we conduct business in Lemon Grove. Sorry it doesn't meet the Copley criterion.

Everyone should subscribe to the Lemon Grove Review, and get the real news of our town.

Hamburgers

One might think that the designation "fast foods" could be construed to imply weight loss, i.e. "fasting" or "to fast." Of course, just the opposite is true. Since Lemon Grove appears to have become the fast food capital of the country, I am inclined to slightly digress from the usually ultra-serious tone of my B-words.

Fasting never did appeal to me much anyway, so there may be some substance behind this text, about 20 lbs. more than there should be, according to my Dr. Sam.

With the responsibility of being a councilman, it has always seemed to me that I should be aware of what is going on in my town, and this includes the local eating establishments. Since the hamburger is a totally American dish, is a complete meal according to some sources, and is available everywhere, the subject of this piece is "Hamburgers in Lemon Grove."

Admitting that quirks of personal taste can certainly bias one's opinion, this rating may be slightly flawed, but other opinions have been given weight in the following appraisals.

The most famous "burger bars" are, of course, the "Golden Arches" and the irrepressible clown that pops out of "the box." Both are producers of good sandwiches, but the constant battle to best one another leaves some of us in a constant state of quandary. It is almost as if each new burger

will say "surprise" when you bite into it with a new sauce or secret ingredient. We also have the burger monarch who practices truth in advertising by calling its product a whopper. Rosie Grier loves them and who can argue with him. Recently, Carl's Jr. came to town in our brand new shopping center with the extra-terrestrial "Starburger." An extremely friendly group of young employees serve up a delicious assortment of "hamburgers" as my sainted mother used to call them. Wendy's concoction is unique in that the meat patty is square and very tasty. I always think of Peter Pan when I see their sign, but can not really explain why. Marko's Family restaurant jazzed up their version of the burger with a chili pepper to give it a Mexican flavor. Heidi's, at the other end of town, does a good job for the Chamber of Commerce luncheon special, and you can order an Italian Meatball sandwich at Lidos that is very flavorful and it comes with a small, crisp, salad.

My choice as third runner up in Lemon Grove would be Charlies at the east end of Broadway. They are called "Deluxe" which appeals to the nostalgia of my youth as well as my palate. This is what we called the fancy burgers in the forties. Next runner up is the newest entry into our local burger market, the In-N-Out Burger. The service is extremely fast and they are delicious. I think it is the freshness that does it. Last, and best, in my book has to be the "Bob Guest Burger" at the Food Factory. This is a special burger on sourdough bread and done before your eyes by Bob, the chef. Served up by Lorrie or Marcela, the ambience completes the aura of the "best burger experience" locally.

For what it's worth, having lunched in Lemon Grove for almost 40 years, this is what I have learned and I am unanimous in that. On second thought, though, I think I'll have a Patty Melt ...

If you have questions or suggestions for Dr. Burns, send them to P.O. Box BB, Lemon Grove, CA 91946.

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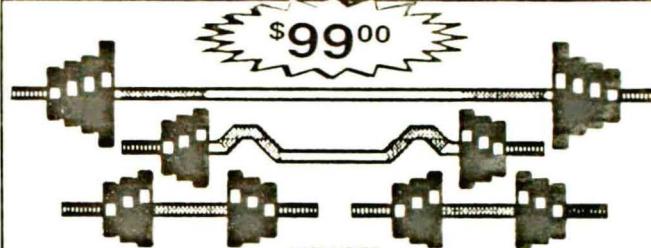
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Commentary

by Paul Treske

By the time this is published, the US Senate should have either confirmed or rejected Judge Clarence Thomas for the Supreme Court, but this is not what will remain lodged in the minds of the American public. What they will long be haunted by is the fact that someone was lying.

We have seen liars before. Most of us, at one time or another, are liars. But what shocks us in the televised hearings we have viewed is that both protagonists are highly educated, highly placed and utterly admirable people. Both are attractive, articulate individuals who have overcome the handicap of racial minority to rise to positions of prominence in the field of law.

Yet, one of them is lying.

And, that set of lies is stark, total and unforgivable. If Anita Hill is lying, she has maligned a fellow human being in the most vicious and treacherous manner conceivable. If Judge Thomas is lying, he is cynically and basely stonewalling a most significant truth regarding a position of the highest trust. Knowing their backgrounds, it is difficult to believe that either would do this.

And yet, one of them is lying.

The hearings themselves, while fascinating theatre, were frequently an embarrassment. While its chairman has gone to great lengths to state that it is a hearing and not a trial, the work is being done by lawyers and so it may well be worse than a trial, which at least has rules of conduct and testimony. The Senators, already cha-

Someone is lying

grined at having tried to squelch Hill's initial charges, have gone out of their ways not to appear anti-feminist. They make their little political speeches to the home folks unabashedly and often they seem like bickering children.

Yet, someone is lying.

In their questionings of Hill and Thomas, some have turned lawyer-like in trying to poke holes in testimony. The sessions with Thomas held by Senators Hatch and Specter seem carefully rehearsed and hardly aimed at seeking the truth. The Democrats, trying to block the confirmation fawned all over Hill, but were careful with Thomas, lest they appear racist to the viewing audience. In short, it is the totally political nature of the proceedings that makes them a caricature of the law in action.

Nevertheless, someone is lying.

Thomas will or will not take a seat on the court, but we may never know who was lying. And, that is the sad and profoundly disturbing aspect of the affair. We have spent a number of days with two individuals who, by their positions and training, should be examples to the rest of us. And, yet, one of them is lying, totally and without conscience.

We will believe or not believe, according to our nature and our gender. Men seem to support Thomas; women more generally identify with Hill. But, long after it is merely a page in a history book, those of us who have watched will be haunted - because, someone was lying.

Dodging the 'Duhhh-Dums' in life's soundtrack

by Joseph Walker

Don't get me wrong - I'm not complaining or anything like that. I just have one minor suggestion for whoever is running this show.

A soundtrack. You know - like in the movies. And, I'm not just thinking about aesthetics, although I must admit I like the idea of John Williams scoring my life (a little "Superman" here, a dash of "Star Wars" there and a hearty dose of "Raiders of the Lost Ark," throughout.

It just seems to me that life would be a lot simpler if we had a few musical cues to help us understand what's going on.

It hit me a couple of weeks ago while we were watching the movie, "Jaws" on TV. There was a scene with a bunch of children playing in the water, and nine-year old Andrea started getting nervous.

"Get out of the water!" she warned the kids on TV, who for some reason or other refused to listen to her. "There's a shark out there!"

"No way," said 11-year-old Joe. "There's no dum-dums."

"Dum-dums? You mean the kids on the beach?"

"No, I mean the music," he said. Then, he sang his pre-adolescent imitation of that scary theme that accompanies every impending "Jaws" shark attack. "Duhhhh-dum. Duhhhh-dum Dum-dum-dum-dum-dum-dum."

"No dum-dums, no shark attack," he concluded confidently.

We continued watching the frolicking youngsters on the screen. Joe was right. There were no dum-dums - and no shark. But before long, a group of teenagers entered the water. Only this time ... duhhh-dum. Duhhhh-dum. Duhhhh-dum. Dum-dum-dum-dum.

Suddenly, there was a shark - and one less dum-dum in the water.

That's when it hit me. If those teenagers had been able to hear the movie soundtrack they would have known there was danger afoot (or should I say, "a-fin?") and hit the beach before the end of the second Duhhhh. And if they didn't pay attention to the warning well, maybe they deserved to be sharkie biscuits.

It would sure make life a lot easier if we each had our own soundtrack - and if we could tune into it from time to time. If you were about to make a major financial investment, you'd probably think twice if you suddenly heard strains of "Brother, Can You Spare A Dime?" swelling in the background. Or, you might reconsider that cruise if you boarded the ship and heard your

personal soundtrack playing the theme from "The Poseidon Adventure" instead of "The Love Boat." And, wouldn't it be great to make an important decision - any important decision - and hear the bouncy intro to "Don't Worry, Be Happy," coming up in the background?

Unfortunately, there is no soundtrack to reality. And, to tell you the truth, I don't think the technology is forthcoming. Which sort of leaves us all dangling in the same precarious position - unsure, unstable and uncertain. Instead of a beautifully orchestrated musical score, we find ourselves making up the tune as we go along.

Or, do we?

Throughout my life, I have known people who had an unusual sense of themselves and the direction they are headed in life. Perhaps you've known people like that, too.

They're not any smarter or more insightful than the rest of us, but they do share a secret for success. Some call it "conscience," and others call it "intuition." Some refer to it as a "muse" they must follow, while others prefer to describe it in religious terms.

Whatever you wish to call it, I'm convinced that there is something inside us that can help us make good decisions and choices. It requires a little more effort than simply responding to the mood of the music in a movie soundtrack. We have to take the time to ponder our circumstances and carefully weigh our options. We have to patiently wait for those impressions to come from within, and then, have the sensitivity to understand and interpret them when they arrive. And, we have to have the courage to act upon those impressions - and, to accept the consequences of our actions.

Of course, tuning into ourselves won't necessarily spare us from all heartache. But, if the time ever comes when we can compose our own personal soundtracks, at least we'll know where to put the cymbal crashes. And, where to put the Duhhhh-dums."

(Joseph Walker is a bishop in The Church of Jesus Christ of Latter-day Saints.)

Helix High to host carnival homecoming weekend

On Friday, Oct. 25, Helix High School will face Valhalla High at its homecoming game. Game time is 7:30 p.m. At the same time, there will be a carnival held on Helix's lower baseball fields which will feature games and rides and run from Oct. 24-26.

From Where I Sit

Needing a Mexican flavor

by Frank Andrews

One beautiful autumn day while playing my usual afternoon round of golf at the Golden Valley Shriner's Golf Club, I met Toots Peterson, an old high school buddy. Toots was living it up on the money he had just derived from the sale of his "rib joint." "Say, Frankie baby, how would you like to make some good dough as a silent partner in my new upcoming, bigger and better restaurant?"

I had never cooked anything myself as my wife was of solid Swedish stock and hence an excellent cook. We ate out often and well, so I was conscious of the restaurant business only from the customer's standpoint. Toots' offer intrigued both my wife and I, so we pondered on it for a couple weeks.

Toots had already located a brand new pony stables with living quarters above. It was located on Highway 12 west out of Minneapolis on a good sized piece of land, just perfect for a western style bar-b-que joint. "This is the place," we all agreed.

When the time came for Toots and his half of the money, he declared, "I'm broke. I guess I spent too much time and money at the 19th Hole." My wife and I were so enthused about going into this new and intriguing business that we decided to go for it on our own with Toots as our manager.

After all the alterations were made and all new equipment was installed, our next big project was a sign that would stop the freeway traffic. At considerable expense an artist was commissioned to come up with something sensational. He did. A copywritten character named "Lil' Pedro" was born and a huge revolving sign was erected close to the highway. As the sign turned it depicted "Lil' Pedro" with a sober face but revealed a very smiling little Mexican on the opposite side when he saw the "Ranch Bar-B-Que." Both names were used as our logo on everything connected with the business including our brand new bright yellow Ford station wagon. The same artist put Lil' Pedro and the logo in bright "Scotchlite" on the rear and sides of the wagon to achieve the ultimate in advertising.

All was ready for the "Grand Opening," but something was missing. My wife remarked, "A Western-Mexican rib joint without a Mexican atmosphere."

"We all have worked night and day to get this place ready to open. Now let's take a break. How about a quick trip to "Old Mexico" to pick up a bunch of atmosphere to hang on the walls. We could also buy a couple hundred floppy straw hats and some gay colored neckerchiefs to give away at our grand opening."

The time was Christmas and the coldest, snowiest, time of the year so it wasn't hard to make the trip to sunny Southern California and "Old Mexico." Our first stop was San Diego which we both fell in love with and vowed to return to live as soon as we could. A full day of shopping in Tijuana accomplished very little, but a friend suggested the quaint and less congested little town of Nogales, Mexico.

We found just what we wanted at very low prices in Nogales: a huge bale of straw hats and a bundle of kerchiefs, plus a whole lot of authentic Mexican memorabilia with most of it marked, "made in Japan."

We not only arrived home safe and sound loaded with junk for our gala "Grand Opening" but we both had been rejuvenated to overflowing with enthusiasm at the prospect of making San Diego our home of the future.

It's the Law

by John B. Von Passenheim, Attorney at Law

Question: Should everyone have a will?

Answer: One of the most often heard caveats in estate planning is: "Everyone should have a will."

Surprisingly, this statement, on its face, is simply inaccurate. There are some people who have nothing to pass along on their deaths. Some people simply don't care what happens to their estates on their demise. Generally, those people don't have any children to provide for.

On the other side of the coin, there are people whose estates are large enough to justify special planning to avoid probate, and who have spouses and/or children they wish to protect from the rigors and costs of court involvement in their estates. In those instances, much more comprehensive estate planning may be called for. Such planning would most likely go beyond the scope of a simple will.

Therefore, our well-known caveat should be modified as follows: "Everyone should consult an estate planning attorney to determine the appropriate estate plan."

The most common estate planning device to avoid probate is known as a revocable living trust. Of course, there are many other estate-planning tools. Depending upon the size of the estate and the character of the assets, a simple will together with a "Revocable Grant Deed" and "Totten Trust" may be sufficient to pass on an estate without probate proceedings.

The Revocable Grant Deed is like a mini trust for the family residence. The Totten Trust will pass bank accounts to designated beneficiaries. Both are revocable. Neither interferes with your rights as the owner to use the property as you see fit during your life.

The appropriateness of any particular estate planning device is entirely dependent upon each special set of facts, such as size of estate, types of assets, family relationships and your intentions. Therefore, if you are interested in maximizing the amount of your estate you pass to your heirs, with the least amount of trouble, ask your estate planner to review your alternatives.

"It's the Law" is designed to provide general information to our readers. It is not intended as legal advice. Before acting on information in this article, consult with the San Diego County Bar Association-sponsored Lawyer Referral and Information Service at 231-8585.

Cuyamaca offers art exhibits

An exhibit featuring Chinese painting from instructor Grace Chow and her students is currently on display in the Cuyamaca College Library foyer. The exhibit will continue through Oct. 26. Also, Nov. 18 to Dec. 20, the library will host a student art show.

These exhibits are sponsored by the Cuyamaca College Art Department which invites the public to attend free of charge. The library is on the Cuyamaca College campus at 2950 Jamacha Rd.

Tales of mystery set for Halloween eve storytelling

Nationally-known storyteller Martha Holloway will tell tales of mystery from around the world at the East San Diego Branch Library on Oct. 30 from 6:30 to 7:30 p.m.

The program is free and open to everyone age 7 and older. The library is located at 4089 Fairmount Ave. at the corner of Polk. For more information, call Christine at 533-3905.

Grossmont-Cuyamaca alumni to hold annual dinner and auction

The Grossmont-Cuyamaca Alumni Association has charted a course to the Caribbean for their Third Annual Dinner/Auction planned for Nov. 2.

The event will be held at the El Cajon Community Center, where a festive Caribbean atmosphere and menu will be featured.

Two auction styles will be offered and items such as trips to Las Vegas and Rosarito Beach, paintings, Remington bronzes, theater and symphony passes, hot-air balloon rides and more will be up for bidding.

Proceeds from the event will go to college departments and individuals in the Grossmont-Cuyamaca District in ways that directly benefit students. Reservations for the dinner/auction will be accepted through Oct. 28; tickets are \$25 per person. For information, call 448-6201.

Pianist Cecil Lytle to perform

Cecil Lytle will display his skills as a classical, contemporary and jazz pianist on Oct. 28-29 as part of the fall World of Music series at Theatre East.

Lytle's appearance will begin at 8 p.m. with a brief demonstration/discussion, followed by his musical performance at 8:30 p.m.

Provost of UCSD's Third College, Lytle is a well-known international performer and has toured and lectured in Europe as a Fulbright Scholar. He has recorded several albums, including a two-volume release of the piano works of Georges I. Gurdjeff. Additionally, he is a recognized authority of George Gershwin.

Admission is free for senior citizens, \$7 for students and \$8 for general admission. For more information, call 440-2277.

'Mostly Duke' to bring back memories of the big bands

Theatre East and the College of Extended Studies, in association with Jaguar Productions will present "Mostly Duke" on Friday, Oct. 25 at 8 p.m.

"Mostly Duke" boasts an all-star ensemble which includes John and Donald Mills of the Mills Brothers; former Ellington band singer Herb Jeffries, who brings his own big band to recreate the "swing" of the era; acclaimed vocalist Barbara McNair; and tap dancer extraordinaire, Gene Bell.

Tickets for the concert are \$15 and \$18.50 and available at the Theatre East box office at 210 Main St., El Cajon. Call 440-2277.

Assemblyman Chacon and 'Shotgun' Tom to take part in Red Ribbon program

On Oct. 25, Assemblyman Pete Chacon, San Diego personality "Shotgun" Tom Kelly and Alvarado Hospital representative, Marla Flood, will visit Vista La Mesa School in La Mesa to help culminate the school's traditional "Red Ribbon Week."

The visitors will punctuate the week's anti-drug activities by delivering their endorsement of a drug-free lifestyle. Assemblyman Chacon will present the school with certificates of recognition for its no-drug campaign, and he will accept written pledges from students, teachers and parents who have committed themselves to stay away from illegal drugs for life.

During the week, student parades, an art poster contest and a "rap" concert are planned to heighten student awareness of the dangers of drug use. Teacher Joy Harris is coordinating the week, with strong support from Principal Dan Heiserman. The school is involved throughout the year in the D.A.R.E. program.

'All-you-can-eat' pancake breakfast kicks off fund raiser for dance group



San Diego Dance Centre International Performing Troupe, a non-profit organization is raising funds to send 65 young dancers to Yokohama, Japan to perform at the Japanese American Baseball Festival 1991 in December.

On Sunday, Oct. 20, they will host a "Wild West Oktoberfest" at the Wild West Shopping Center on Fletcher Parkway in El Cajon as a fund raiser. The event begins with an "all you can eat" pancake breakfast at Leatherby's from 8 to 11 a.m.

The breakfast is \$3 and there will be raffles for prizes.

"Sweet Sensations," a '50s-style singing group, will provide entertainment. The fun continues with "Al Turner and the KSON Flatbed Band," pony rides, hay rides, a jailhouse, astro jump, food, drink, games and booths.

Also, there will be a performance by the Dance Centre. All proceeds will go to the International Performing Troupe for its trip to Japan.

Ars Nova coming to Theatre East

Ars Nova will be on stage at Theatre East on Sunday, Oct. 27 and will feature percussionist Jerry Steinholtz as the guest artist for the 7 p.m. concert.

Blending their identities as jazz and classical musicians, this five-man group of music educators has arrived at a distinctive style of contemporary music.

Guest artist Steinholtz is widely recognized for his mastery in Latin and hand percussion styles.

General admission tickets are \$8; student/senior/military tickets are \$7. For tickets and information, contact the box office at 440-2277. Theatre East is located at 210 E. Main St., El Cajon, and is a division of the East County Performing Arts Center, is owned and operated by the Grossmont-Cuyamaca Community College District.

'Peter Pan' to be staged by CYT

"Peter Pan," the story of a little boy who does not want to grow up, will be Christian Youth Theater's fall production in San Diego/East County.

This delightful story of the boy who goes to "never, never land" so that he doesn't have to face any of the responsibilities of growing up, never fails to capture the imagination of audiences young and old. All aspects of the performance, from lighting and sound to backstage duties and performing will be done by the CYT students.

Performance dates of "Peter Pan" will be Nov. 14, 15, 22, 23 at 7 p.m. and Nov. 16, 17, 23, 24 at 2 p.m. at Lewis Junior High, 5170 Greenbrier Avenue, San Diego. Tickets are \$5-\$7 with special discounts available to groups. All seats are reserved. For ticket reservations or information, call 588-0206.



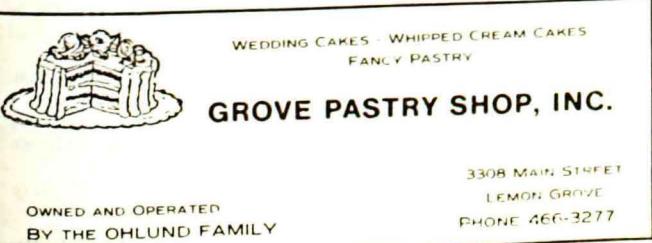
No Need to Drive to Julian . . . It's Apple Time in Lemon Grove

Lemon Grove Kiwanis Apple Days October 22 - 26



- **Where:** In front of San Lorenzo Flower Market at 7663 Broadway (One block west of the trolley).
- **Hours:** 9:00 a.m. to 5:00 p.m. each day.
- **Why:** To benefit the youth, the seniors of the community, and other organizations which advance the Lemon Grove community.
- **Cost:** \$20 for a box of 100 extra-fancy red Washington Delicious Apples; \$10 for 1/2 box (50 apples); \$5 for 1/4 box (25).

Available at the above location and from any Lemon Grove Kiwanis member. Reserve your apples now! For orders or local delivery, call 464-0390.



1990 Helix athletes find college Bragging rights on the line is not a cakewalk

by Angela Simpson, Fling staff writer

Helix has a reputation for its athletic programs. Many of last year's seniors have earned scholarships to universities across the nation.

One star football player, Brandon Sanders, ex-defensive back for Helix, received a scholarship to play football for the University of Arizona. He will major in business administration.

Adam Norberg received a walk-on scholarship to play center for SDSU. He will major in civil engineering. Adam would like to say "Thank you" to both coaching staffs because "you supported me through all my decisions."

Karey Downey earned a volleyball scholarship to play for Brigham Young University and will major in mathematics.

Jenny Long also earned a volleyball scholarship to Northern Michigan University and has decided to major in chemistry. Jenny says it is hard because she is constantly on road trips with the team, so she has to use her time well.

Gary Walton, last year's ASB president and star defensive end for Helix, is now on a five-year scholarship to UCLA.

Comparing the competition between high school and college, Gary says, "it is harder than I expected because I thought I could just be able to go in and play like I did in high school."

When asked what it is like to play for such a reputable school, Gary replies, "I feel honored, but it is a lot of hard work, especially because most of the guys there are 10 to 20 pounds heavier than I am, even the running backs." Despite the stiff competition, the coaches expect Gary to start next year. Because they aren't allowed to work during the school year, "it's really hard on an athlete because you have to rely on your parents for money and sometimes parents can't afford it," he said.

He advises students: "Enjoy high school, because college is very hard and there are a lot more responsibilities. Sometimes I wish that I was back at Helix."

This Friday, much more than the traditional musket will be on the line when Grossmont and Helix meet in their annual gridiron clash. With the Foothillers now in the Grossmont 3A League, the battle will most probably settle the league championship.

Undefeated (5-0), the Foothillers will lean on the blockbuster running of Jason Eskridge and the passing arm of Tom Karlo. The Highlanders (3-1-1) are expected to go to the air with star quarterback Gregg Wilbur throwing to wide receivers Adam Bright, Andrei Climon and Jeremy Gottlieb.

Grossmont offensive tackle Ken Loncar sees the game as a rough one. "This game will be like an elementary school playground fight with two big bullies going after each other. Grossmont and Helix are the bullies of Grossmont 3A, and only one will come away with the title and bragging rights."

The game, scheduled for 7 p.m. Friday, will be played at Grossmont.

Sperling directs Helix Band

by Beckie Neely

The Helix Highlander Band is now under the direction of Mr. Russell Sperling. This is Sperling's first year at Helix and he anticipates a great year.

On Oct. 12, the band participated in the annual Columbus Day Parade, taking first place in the competition, with a marching score of 195 points out of 200.

Saturday, Oct. 19, the Highlander Band will be in San Diego for a field show competition. The band also performs for all half-time shows at the Helix High home football games. Alumni and friends are invited to come support the band.

PUBLIC NOTICES

NOTICE OF PETITION TO ADMINISTER ESTATE OF BILLIE L. BURGE aka BILLIE LEE BURGE Case Number: 155606

To all heirs, beneficiaries, creditors, contingent creditors and persons who may be otherwise interested in the will or estate, or both, of: BILLIE L. BURGE aka BILLIE LEE BURGE A PETITION has been filed by JOHN PITCHER in the Superior Court of California, County of San Diego. THE PETITION requests that JOHN PITCHER be appointed as personal representative to administer the estate of the deceased.

THE PETITION requests the decedent's WILL and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held on NOV 4, 1991 at 1:45 p.m. in Dept. F-5, located at 1555 Sixth Avenue, San Diego, CA 92101.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within four months from the date of first issuance of letters as provided in section 9100 of the California Probate Code. The time for filing claims will not expire before four months from the hearing date noticed above.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a formal Request for Special Notice of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in section 1250 of the California Probate Code. A Request for Special Notice form is available from the court clerk.

Attorney for petitioner:

THOMAS M. BUCHENAU 3835 Avocado Blvd., Suite 170 La Mesa, CA 91941

Signature of Attorney for petitioner

T. M. Buchenau

This notice was mailed on: 9/24/91 at:

La Mesa, California.

Lemon Grove Review

October 3, 10 & 17, 1991

LW #229081

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Signature of Attorney for petitioner

T. M. Buchenau

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La Mesa, California.

Lemon Grove Review

October 3, 10 & 17, 1991

LW #229081

165795
Trustee Sale Number: 1-5036
NOTICE OF TRUSTEE'S SALE

YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 07/16/86. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER.

On 10/25/91 at 12:30 p.m., ATTORNEYS EQUITY CORPORATION OF CALIFORNIA

27882 FORBES ROAD

SUITE 206

LAGUNA NIGUEL, CA 92677 -

(714) 364-7245

as the duly appointed Trustee under and pursuant to the Deed of Trust which was recorded 07/21/86 as Document 86-299540 Book at Page of Official Records in the Office of the Recorder of SAN DIEGO County, California,

EXECUTED BY: GUIDNER H. MEBANE AND VELMA LEE MEBANE, HUSBAND AND WIFE AS JOINT TENANTS

WILL SELL AT PUBLIC AUCTION

TO THE HIGHEST BIDDER FOR CASH OR CASHIERS CHECK,

(PAYABLE AT THE TIME OF SALE)

AND IN ACCORDANCE WITH SECTION 2924(b) (b) OF THE CALIFORNIA CIVIL CODE, AND ACCEPTABLE TO THE TRUSTEE

AT THE MAIN ENTRANCE TO THE GILL CITY HALL

704 THIRD STREET

OCEANSIDE, CALIFORNIA

AT THE

10/25/91 at 12:30 p.m., ATTORNEYS EQUITY CORPORATION OF CALIFORNIA

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Business & Service Directory

ADDITIONS/REMODELING

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announcements

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FREE WORKSHOP: "Men who cannot love" (Commit). How to recognize them. What to do about them. Presented October 12, 12:30-2:30, by Dr E. "China" Williams, at the Church of Living Christianity, 10435 Campo Rd., Spring Valley. Call for reservations & directions. 670-4033

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Lemon Grove Lutheran welcomes Tim Johnson



Members of Lemon Grove Lutheran Church are in the process of welcoming a new intern in their midst these days. While Tim Johnson is new to his duties as an intern, he is very familiar with the church, the members and its youth groups because of his involvement as Youth Director for more than a year.

While his schooling took place in San Diego, he originally came from Northfield, Minn., where he was born in 1957. He attended Gage Elementary, Pershing and Patrick Henry High, after which he enrolled at Grossmont College with a major in sociology. He attended SDSU sporadically and graduated in 1987 with a BA in counseling and psychology.

During his last semester at SDSU he visited a seminary and was influenced so much that he decided to change the direction of his life. He married and three days later, left for Iowa and Wartburg Seminary. He has one year left before he is ordained.

"All these years, I felt a void inside," Johnson said. "Now that I have definitely made up my mind about my life, I am very happy and feel fulfilled."

The father of a very young son, Johnson feels that our biggest need is to help kids "find ways to own their own faith and to be responsible for, to and with, God. We must encourage them to be honest, to be themselves. They need to learn they're OK just as they are." He went on to say that it is absolutely necessary to provide them with opportunities for doing meaningful things.

"It is every young person's prerogative to make choices and it is very heartening to me to see that they are increasingly opting for youth activities over other things. I feel an obligation to communicate to them that the church is theirs. It is gratifying to note that the new revised church constitution gives confirmed members the right to vote," he said.

Rev. E.J. Volkmann, pastor of the church, said he is delighted that Johnson has chosen to become a minister and welcomes him as a partner in church activities. The intern will preach once a month, will be involved in visitation calls, and will be working with single parents.

Tim added one pungent comment: "We will fail if we do nothing at all with youth today. They must have some guidance and love. To that end, I would invite any young person who has no church home, to join us in our activities."

Call the church for times, days and places (465-7301).

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Local couple attend AAL conference

Lois and Paula Nestler of Lemon Grove were among approximately 500 Aid Association for Lutherans (AAL) volunteers from California and Nevada who attended the annual convention of the Southern California/Southern Nevada Federation of AAL branches. The meeting was held Sept. 21-22 at the Newport Beach Marriott Hotel.

AAL members are organized

into local volunteer groups called branches. These branches are given the organizational and financial resources to accomplish humanitarian, service, social and educational projects to help others in their communities. Federation convention participants generally are branch officers who want to become more effective leaders.

There are more than 80,000 AAL members in California. Last

year, these volunteers conducted 747 fraternal projects which raised \$848,245. College scholarships totaling \$62,367 were distributed to 56 AAL members in the state, and many drug and alcohol prevention seminars were sponsored by AAL.

AAL is based in Appleton, Wis., and provides its 1.5 million members in 7,770 nationwide branches with fraternal benefits.

Dr. Brumbaugh honored by Academy of Family Physicians

Dr. Simon C Brumbaugh Jr. of Lemon Grove was recently recognized for 37 years of continued membership in the American Academy of Family Physicians (AAFP).

This national medical association represents 71,000 family physicians and medical students. Longtime members of the AAFP were honored in Washington, D.C. at the opening ceremonies of the organization's 43rd Annual Scientific Assembly.

In his speech to Academy

Two Lemon Grovers receive SDSU music scholarships

Two Lemon Grove residents have been awarded music scholarships to study music at San Diego State University. Therese Bulat, a voice major, and Daniel Harrison, a trombone major, were among the 67 students receiving scholarships from the SDSU Department of Music for this academic year.

The awards were made from the Bessie Scott Purdy Fund and the Paul Clark Stauffer Endowment.

The Music Department offers a wide range of courses in vocal and instrumental performance, music history and literature, and composition.

- ranging from 25 to 40 or more years - have contributed significantly to the position of prominence we occupy in health-care delivery today."

VFW blood drive planned

All donors will be awarded a San Diego Blood Bank T-shirt or a free breakfast when donating at the Veterans of Foreign Wars Post #6874 blood drive, 6873 Federal Blvd. on Saturday, Oct. 19 from 9 a.m. to 2 p.m.

The public is invited, and the drive will be held in the lodge room. In addition, all donors will receive a cholesterol screening test performed during routine testing of the blood and results will be sent to the donor about one week later. Each donor also receives a medical history and a mini-physical. The process of donating takes about 40 minutes. Anyone in good health between 17 and 70 may give blood.

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Worship Directory

LEMON GROVE LUTHERAN CHURCH
Corner Skyline & Alton Drive
Edward J. Volkmann, Pastor
Telephone: 465-7301

Worship 9:00 a.m. Sunday School 10:15 a.m.

LEMON GROVE CONGREGATIONAL UNITED CHURCH OF CHRIST
2770 Glebe Road • Lemon Grove
Edward & Joan Pettis, Co-Pastors
Sunday Worship & Church School
10:15 a.m.

Lemon Grove Assembly of God
Currently using the
Mount Miguel High School at
1800 Sweetwater Road
Worship Service & Sunday School 10:00 a.m.
Nursery & Child Care provided
Pastor Jim Reed 697-7770

Spring Valley Community Baptist Church
S.V. Community Center, 8735 Jamacha Blvd.
Frank D. Mealy, Pastor • 447-6723
Sunday School 9:30 Worship Service 10:45

Christian Science Church Services
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Sunday Service & Sunday School 10:00 a.m.
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